FROM OUR PRINCIPAL

Last week I had the opportunity to attend the Year 12 Merit Ceremony at Government House. It was particularly special since our own Elise Prior was one of twenty six students across South Australia who was presented with a Governor’s Commendation.

What has been so impressive about Elise’s achievements has been the fact that she has achieved excellence while managing a chronic illness for most of her secondary years.

Some people think that intelligence or talent is fixed and that people are successful simply because they are born with the right genes, but in fact, recent research shows that having a ‘growth mindset’ is integral to success.

So what is a growth mindset?

When you have a growth mindset, you are far more open to learning and developing. You are not afraid of making mistakes or fearful of admitting you don’t know something. You are prepared to work at something that you don’t immediately understand and invite feedback and suggestions for improvement.

At last week’s Kapunda High School Centenary Foundation Award Ceremony, one of the recipients was Andrew Dempsey who, in his interview, told the
selection panel about his journey from Year 8 Maths where he was in one of the 'lower' classes. Over the ensuing years, he worked his way up to being in the Maths Studies class by the time he reached Year 11. Integral to his success has been his preparedness to ask questions and to admit when he hasn't understood something. This growth mindset will stand Andrew in great stead as he commences a Bachelor of Science at the University of Adelaide this year.

Fixed mindset
Conversely, people with a fixed mindset believe that you either are or aren't good at something. For example, 'she's a natural born singer' or 'I'm just no good at PE'.

Rather than seeing a set-back as a challenge, those with a fixed mindset see it as a confirmation that they will never be any good and 'I might as well give up now'.

It is not only people who struggle with learning who can have a fixed mindset. Often those who are successful, also exhibit this trait as well. Rather than being open to the challenge that may lead to further learning, they shy away when things become harder and often look for easier options where they can preserve their reputation.

I can identify with this. Going through school I was a good maths student and enjoyed my reputation as one. However, when I reached Year 12 I found it far more challenging. I was reluctant to ask questions, because I was worried that the teacher would think less of me. Instead of working through the tough questions, I spent my homework working on the routine ones where I knew I could be successful. While I gained respectable 'B' grades in Year 12 Maths, I now think back and wonder what I could have achieved if I was more prepared to open myself up to real learning.

What does this mean for Kapunda High School?
Last year, our Goyder and Light Partnership of schools surveyed a number of students about their attitudes to Maths and found that even at Year 3 level a sizable number of students had a fixed mindset. This increased over time so by the time that students were in Year 9, many expressed a real aversion to tackling anything that was 'hard' - even though they recognised that effort was essential to improvement.

Later in the year, approximately half of our Year 8 and 9 students undertook a Middle Years survey for DECD which showed that our students' perseverance was lower than the state average with many giving up easily.

As a partnership of schools (Kapunda High, Kapunda Primary, Kapunda Kindergarten, Freeling Primary, Roseworthy Primary, Wasleys Primary, Eudunda Area, Eudunda Pre-School, Robertstown Primary), we have decided to work together this year on developing GROWTH MINDSETS within our school communities - as something to underpin literacy and numeracy improvement.

Unless students, their parents and teachers, 'think I can' - progress will be slowed.

On Wednesday, March 23, there will be a partnership pupil free day where we will work with an interstate presenter on this topic. While mid-week is certainly not ideal for a closure, the timing was largely out of our control due to our presenter's other commitments.

In future newsletters, we will be sharing ideas about how we can all work together to build growth mindsets.
Thinking of Peter Norde

As you may be aware, our former School Counsellor, Peter Norde, was involved in a very serious car accident towards the end of the school holidays. Peter has incurred very serious injuries as a result of the accident and his rehabilitation journey will be a very long one.

We are very much thinking of Peter and his family at this time, knowing that he will face the forthcoming challenges with the same determination and commitment as he did as a member of the Kapunda High School community.

Kristen Masters
Principal

IMMUNISATIONS

First Session: Year 8 students
Tuesday 15 March

Consent forms to be returned by Tuesday, 23 February

Information Session:
Friday, 4 March
9:00am - 9:30am, school gymnasium.
Parents & caregivers are welcome.

Yr 11 & 12 Influenza vaccination session
Tuesday 15 March
- register your interest with
Mrs Richardson
(Rm 141, Drama Suite)

SCHOOL PHOTOS

With extremely hot weather forecast for Monday’s scheduled Photo Day, our photographers have kindly agreed to spread the ‘day’ over two mornings.

School photos will now take place Monday and Wednesday mornings, next week. Scheduled as follows:

Monday: Years 8 - 10

Wednesday: Years 11 & 12

Students who are unable to attend for their year level photo are invited to have their individual photo taken on the alternate day. A scheduled time for this will be available in our daily bulletin notices on DayMap.

Scheduling has been carefully considered to minimize the impact to student learning and maximise attendance for photos to be taken. If students are unable to attend on either morning, they should see Mrs Richardson to arrange for a ‘school’ photo for a student ID card.

Ordering Photographs

Online ordering and payment may be made at www.advancedlife.com.au.

Please hand photo envelopes to photographers on the day, if payment is to be made by cash or cheque.

Ordering Photographs

Online ordering and payment may be made at www.advancedlife.com.au.

Please hand photo envelopes to photographers on the day, if payment is to be made by cash or cheque.

View and Order Your Photographs Now

Go to www.advancedlife.com.au to view

Key Code: XMH RXX 45H

All orders will be returned to the School / Club.
Company Policy does not permit home delivery without written consent of the Principal / Club Director.
All year 12s are currently researching their chosen topic. We have included these topics in this newsletter in the hope that the school community can support this subject by giving access to primary sources. If you know of anyone who would be willing to help, please contact Jill Nash (jill.nash592@schools.sa.edu.au), Liz Gary-Smith (Elizabeth.garysmith874@schools.sa.edu.au) or Penny Chancellor (penny.hanks857@schools.sa.edu.au) via email or DayMap.

Thank you for your support.

Topic questions:

- Which remote control car should I buy?
- How do elite athletes adapt to life after professional sport?
- How does diabetes affect a person's lifestyle and how is it treated?
- What job opportunities are available in E-sports?
- To what extent does being fostered affect a child's wellbeing?
- How can I create an effective soccer training session for juniors?
- What role do nature and nurture play in the criminal actions of murderers?
- Why are diamonds often referred to as blood diamonds?
- To what extent do mental and physical routines improve chances of success in sport?
- What is the impact of same sex parenting on the child?
- What are the challenges in making a longboard?
- Should foods be genetically modified?
- To what extent does religion influence abortion laws?
- What are the volunteering opportunities in South Africa?
- What is the impact of becoming a parent on teenagers?
- How does excessive use of video games affect a person's health?
- How do I make a fourth birthday cake?
- How does listening to music while studying impact on learning?
- To what extent should young children be exposed to germs?
- Are different genres of games more addictive than others?
- What is involved in becoming a CFS cadet?
- How do I market my gardening business?
- What are the similarities and differences between dictators?
- What is the selection process and career lifestyle for Air Force pilots in the Australian Defence Force; how does it differ from that of a commercial pilot, and which career path is best suited for me and my capabilities?
- Do teenagers get enough sleep?
- What is involved in the start-up of a small construction company?
- How much would my dream wedding cost?
- How can I build a computer?
- To what extent has childhood obesity increased in recent years?
- What fitness programme is best for my needs?
- How does the Australian accent and language vary across the country?
- What are chelonians and what is being done to protect them?
- How do engines work?
- To what extent does rewarding all junior sports participants impact them?
- What are the nutrition requirements of a healthy lifestyle?
- How do you use EV to train your pokemon?
- To what extent does childhood trauma create Sociopaths?
- To what extent do the values of a club, state or country influence the colour and design of sporting uniforms?
- What motivates people to be cruel to animals?
- What factors affect the design of rollercoaster or thrill ride?
- How do jails differ around the world?
- How can I write a polished short story to suit a particular audience?
- How can I use drones for aerial imaging and crop mapping?
- Is the use of the 3 strikes policy on illicit drugs too lenient in sports Communities.
- To what extent does the player payment system impact country football in South Australia?
- Should marijuana be legalised for medicinal purposes?
- Is accounting the career pathway for me?
- What is the affect of blood doping on elite sports?
- What is the fine line between graffiti and art?
- What are the effects of vaccinations and how does this influence a parent's decision to vaccinate?
- What are the negative and positive effects of the paleo diet?
- What are the differences between teaching a novice teenager and a novice adult to play a new game on X-box?
- How are the differing views of refugees in Australia formed?
- To what extent are drugs and alcohol causes of domestic violence?
- What are the psychological impacts to a child
**GUITAR LESSONS**

Steve Gregory is an experienced and DECD accredited guitar teacher, having worked at Nuriootpa High and currently at Trinity College and Redeemer. He has a wealth of experience in teaching electric guitar, acoustic guitar and bass. He has played in many bands and is currently a member of the Satellites.

He is available to come to KHS on Thursday mornings, to provide private lessons to our students. The lessons are half an hour and take place during school lesson time. They would be rotated so that students would not miss the same class each week.

If your child is studying music as a subject and playing guitar, private lessons are highly recommended.

Lessons cost $25 per half hour and fees are payable up front for a term’s tuition.

If you are interested in your child having lessons with Steve, please contact me at the school via phone or email: victoria.newbold614@schools.sa.edu.au

**DRUM TUITION**

Samuel Read has over thirteen years drumming experience - playing in a number of styles with a number of groups - and will be offering drum lessons to any interested students at Kapunda High School this year.

If you are interested, please contact Samuel on 0467022244, email: samuelread4@gmail.com or ask at the school Reception office for more information.

**ANCIENT INSTRUMENTS**

The music department is having a clean-out. We have a number of VERY old instruments which we don’t use, because they are badly in need of repair and it is not cost effective to pay for these repairs.

We don’t like the idea of throwing them out - so if you would like one of these instruments, either to attempt to play (they are not very playable!) or for decorations, please contact us via the school’s Reception office or email: victoria.newbold614@schools.sa.edu.au.

A small donation to the music department would be appreciated.

Instruments available are:

- 1 trombone with mouthpiece
- 1 trombone without mouthpiece
- 1 trumpet with mouthpiece
- 1 trumpet without mouthpiece
- 1 clarinet

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**CAREERS ON FACEBOOK**

This year, I have begun a ‘Career Pathway Information at KHS’ Facebook page. I encourage students and parents to ‘like’ the page, where I will be sharing information about planning a career pathway, writing resumes and cover letters and preparing for interviews - pretty much any information that students may find helpful or interesting when considering their careers. The page will become more relevant to students as they complete their PLP and will continue to provide useful information throughout their senior school years.

I will also advertise any vacant positions that may be suitable for our students or which have been advertised through our school.

If you have any feedback or ideas for the page, please let me know.

Penny Chancellor
Flexible Pathways Coordinator
Last Thursday, just over $20,000 in education grants was presented to 16 of our former students by the Kapunda High School Centenary Foundation at its eighth annual Awards Presentation evening.

A special welcome was extended to Mr Andrew Bettison who represented the Bettison and James Family, the major donor to the Foundation.

A number of representatives of local organizations also attended, including members of Kapunda Rotary and Kapunda Community Thrift Shop. Individual donors, supportive community members, family and friends were also present.

Mr Barry Vogt spoke of the achievements of students who had benefitted from local grant money, along with the support to students from Foundation members.

Mr Clyde Hazel, Centenary Foundation Treasurer, was pleased to present the Foundation Award to the 2015 Dux of Kapunda High School, Elise Prior, who spoke very highly of the wonderful support she had received from the teachers of Kapunda High School during her secondary education; a period where she had been greatly challenged with ongoing health issues.

Mr Andrew Bettison was pleased to announce Elise Prior as the recipient of the 2016 Centenary Foundation Jim Bettison Scholarship which currently allocates $8,000 to a student over a four year period at $2,000 per annum.

Mr Bettison also shared some insight into his own life since attending the University of Sydney with the help of, in his words, ‘the first Jim Bettison Scholarship’ and the support of his father.

Elise expressed her thanks to the Foundation for making this grant possible, and expressed her gratitude at having such a fund available to Kapunda High School students.

Ms Kristen Masters, then announced the recipients of a number of Education Grants, and introduced each student as they were presented with their grants by Chairman Barry Vogt.

The following 12 students shared in $12,000 in Education Grants, ranging in value from $500 to $1500: Daniel Wilsdon and Andrew Dempsey - Inaugural winners of the Ahrens Regional Education Awards; Bailey McQuillan - Kapunda Community Thrift Shop Award; Samantha James, Lisa Daniel, Zoe Baker, Rhia Daniel, Tori Russell, Kristyn Beck, Christine Figg, Jessica Read and Melanie Kruse.

Chairman, Barry Vogt was also pleased to announce continuing support to Suzanne Reynolds in her fourth year of the Centenary Foundation Jim Bettison Scholarship, with a grant of $2,000; to Kim Becker, in her third year of the Jim Bettison Scholarship, who also received $2,000; along with Ashleigh Ruediger who, again, received $2,000. Ashleigh took the opportunity to speak of some her experiences during her first year of undertaking her Bachelor of Education at Mawson Lakes campus of the University of SA.

'I shall always be appreciative for the opportunities that I have had at Kapunda High School and the support I have received from the staff, particularly Principal Kristen Masters, and from all the people who are associated with the Foundation who have made this award available’, said Elise.

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sort that out as the year progressed. I am always conscious of the support of the Foundation behind me and I again express appreciation to all the members of the Foundation Board who have helped me along the way’, said Ashleigh.

The Kapunda High School Centenary Foundation continues steady upward growth, with the total number of students who have benefitted with grants from the Centenary Foundation now over 50. An amount in excess of $90,000 has been made available to recipients since the first awards commenced in 2008-2009.

Following the official part of the evening, those attending took the opportunity to enjoy fellowship and refreshments provided by the members of the Foundation Committee and their partners.

Ashleigh Ruediger and Jessica Read, received a second year funding grant from the Foundation, with KHSCF Chairman Barry Vogt.

Mr Barry Vogt (centre), Chairman Kapunda High School Centenary Foundation with the inaugural winners of the Ahrens Regional Education Awards, Daniel Wilsdon & Andrew Dempsey.
Great Parenting Starts Here...

2016 Online Courses

Michael Grose, Australia’s leading parenting educator, is conducting practical online courses that will help build your parenting skills and knowledge in four vital areas:

**Term 1 - Cracking the Confidence Code**
A must-do course for parents where low risk-taking and fear of failure is a constant companion for their kids. This course will put the skills and know-how at your fingertips to develop a real sense of confidence, competence and mastery in your kids.

**Term 2 - Raising Well-behaved Kids**
Learn communication techniques that will increase your children’s cooperation levels and decrease your stress levels. Know how to manage your kids visually, what to do when they ignore you and how to get more cooperation, without telling your kids what to do.

**Term 3 - Mood Meter for Parents**
Want to help your children be the best they can be? Then you need to build their emotional intelligence. Michael draws on research from the team at the Yale Center for Emotional Intelligence to help you give your kids the tools they need to recognise, manage and regulate their emotions.

**Term 4 - Raising Mighty Boys**
Don’t be fooled by the title, even parents of girls need to know how boys tick. Unlock the secrets of raising boys of any age so that they become more confident, achieve more at school, talk about what’s on their minds, better manage anger and other strong emotions, and make the most of their natural strengths.

**4 COURSES + YEARLY CLUB MEMBERSHIP $147**
(Save $50 with discount code SCHOOLCLUB)

- Mixture of downloadable videos, PDF workbook and activities
- Weekly Facebook group-based discussions with Michael Grose
- Download resources and complete the course in your own time or during designated dates with the online group
- Course comes with a full money-back guarantee if it doesn’t meet your expectations
- Participation certificate for each course

**JOIN TODAY at parentingideasclub.com.au**

**Receive these great BONUSES if you join now:**

- Monthly Q & A sessions with Michael Grose
- Yearly access to parentingideasclub.com.au resource centre
- Developmental Maps to better understand your child’s growth stages
- On your child’s birthday receive our Developmental Parenting Guide to help navigate for the year ahead

Parenting Ideas Club
Becoming Better Parents
Have you ever wondered why a decision was made about a certain issue at school? Do you ever think there could be a better way of doing things? Have you considered joining Governing Council and being part of the decision-making process?

There are a number of parent vacancies on Governing Council for 2016 and we strongly encourage you to think about nominating. There is a nomination form below.

The Governing Council meets generally on the final Monday of the month - excluding school holidays. Meetings commence at 7:30pm and are generally two hours in duration.

The Governing Council shares responsibility with the Principal for setting the strategic directions of the school and contributes to policy development. Being a councillor is a good opportunity to contribute and shape the direction of the school.

The Annual General Meeting will be held on Monday, February 29. Even if you don’t feel you can commit to being on Governing Council, you are most welcome at this meeting. Rest assured, there will be no pressure to join Governing Council. At this meeting, we will formally present the Annual Report and the school’s financial report.

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**GOVERNING SCHOOL COUNCIL NOMINATION FORM**

**KAPUNDA HIGH SCHOOL**

Nomination for Election Form

I ____________________________ nominate to be elected as a member of Kapunda High School Governing Council.

In doing so I declare that:

- I have not been declared bankrupt and do not receive a benefit of a law for the relief of insolvent debtors.
- I have not been convicted of any offence of dishonesty, or of a sexual nature involving a minor, or of violence against a person.

I understand that should I be declared bankrupt, receive a benefit of law for the relief of insolvent debtors or be convicted of any of the offences listed, my membership of Kapunda High School Governing Council will cease.

Signed: ____________________________ Date: ____________________________

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Doorways 2 Construction students are helping to prepare the new Agriculture shed for concrete, which will go in over the weekend. One part of the shed will be used to house the tractor and equipment while the other part is will be used for sheep management.

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What is pedal prix?

Pedal Prix is the riding of three wheel recumbent trikes as members of a team, working together under race conditions.

This year, the team competes in two 6 hour races held at Victoria Park in June and July, as well as the major race, a 24 hour event at Sturt Reserve, Murray Bridge in September, which caps off our year of racing. This event alone attracts 30,000 people!

Riders attend regular training sessions to help build their confidence and knowledge in the bikes, as well as building fitness and team spirit. Riding a recumbent bike is a very different experience to a bicycle and involves getting used to cycling in a recumbent position and becoming competent with changing gears.

It is a competitive team sport where members are focused on a common goal. All riders should be self-motivated in their personal fitness training and be prepared to work together within the team during training and at races.

KHS has two racing bikes and there is also a KHS Old Scholars team, Tools 4 Life. The Old Scholar riders are looked up to by many school riders and are considered role models for the younger members.

Pedal Prix Committee opportunity!

The KHS Pedal Prix team will be ‘riding’ with a fresh new look in 2016. Now is a great time for students and their families to get involved! Pedal Prix is a unique sport for KHS, and a great program that has proved very rewarding for all involved.

We are looking for new committee members for the 2016 Pedal Prix year. The Pedal Prix committee work together to organise the team and our bikes for races e.g. management, catering, mechanics and logistics. Assistance with fundraising for the program is also welcomed.

Parents encourage their child to challenge themselves, support their involvement with transport to training sessions and races, and help them with their personal training, too.

There are a number of ways that parents can get involved with the program; and shared between many, the load will be light. You may also have some specific skills and/or interests that you can bring to the team.

The following is a list of opportunities for parents to get involved:

- Communications Officer
- Head Mechanic
- Catering Manager
- Fundraising Manager
- Logistics Manager
- Marketing/Sponsorship
- Equipment/Logistics Manager
- Timing/Data/Radio Manager
- Mechanics
- Catering
- Track Marshals
- Pit Crew

Please consider how you can help.

Please contact Mr Craig D Cope if you would like some further information, via email: craig.cope196@schools.sa.edu.au.

2016 KHS Pedal Prix Programme

- Victoria Park 6 hour race
  Sunday, June 19
- Victoria Park 6 hour race
  Sunday, July 31
- Sturt Reserve, Murray Bridge 24 hour race
  Friday, September 23 - Sunday, 25 September

Craig D Cope
Pedal Prix Manager
Devon Clothing are the suppliers of most of our school uniform items and offer an online ordering service via website: http://onlineshop.devonclothing.com.au/khs
KHS reception staff are able to assist in this process, if required and the school has a full size range of all items to assist in fitting. Contact the school for further information.

SECONDHAND CLOTHING

Left school? Uniform now too small?
Donations of secondhand uniforms will be welcomed at our school Reception.
Sally’s Clotheshorse, Main Street, Kapunda stock some secondhand uniform items and can sell items on consignment.

Material Services & Charges

2016

Options for payments can be made per the information package (To be finalised by 30 August 2016).

Instalment options - suggested payment dates:
- 12 February
- 11 March
- 15 April
- 20 May
- 19 August
- 21 August

KHS Bank Details:
Bank SA
BSB 105-006
Acc No. 057125140

Family ID: eg SMIT10
(left hand side of invoice)

Have you considered scheduling payments using online banking to meet this financial obligation? Some families have found that being able to set the amount and regularity suits their needs well.

Note: School card applications must be returned as soon as possible.
The Year 9 2D Art class is making a good start to the year. Learning about proportions of the human face, students were asked to fill in the missing half of a photographed face. Everyone put great effort into their work with fantastic results.

Jennifer Ahrens
Art Teacher

Featured artworks by Abbey Trotta, Ava Teasdale, Ryan Miller and Jordan Read.

Parking Areas

Students have access to public street parking on Hawke Street (at rear of school) and on High Street (opposite entrance of the school). Parking along West Terrace, directly in front of the fence line of the school, is by local council permit only and therefore not available to students. The opposite side of the road is an area for 'drop off' and 'pick up' during school hours only.

It is expected that students obey the road rules with regard to parking near neighbouring residents' driveways and also show consideration to areas where their refuse collection takes place.

Parking on school grounds is generally not permitted. Disability parking is available just inside the main entrance, to the left.

The school bus zone is situated along the school side of West Terrace, fronting the oval and up to the main entrance of the school.

Parking is not permitted in the bus zone - at any time.

Our school community is reminded that this area must be kept clear at all times.

Buses returning from their morning and afternoon runs have found vehicles parked in the area or being used to 'pick up' or 'drop off' for school or sporting events such as basketball training.

Please come along to our
**Dyslexia Parent Group**
hosted by the local
**DASLD Support Group**

DASLD is a small committee of parents with children with learning difficulties and has been running Dyslexia based training, workshops and supplying resources in the community since 2013.

- If your child is struggling at school, if they find it hard to read, follow instructions, keep up with their classmates or seem to be miserable at school, you are not alone!
- 1 in 5 children have a learning difference and DASLD are here to support you and listen to your story.
- If you would like the opportunity to catch up with others in similar situations than please come.

All Parents, Grandparents and Caregivers are welcome. Come and meet others and to talk over a coffee.

Where: The Eudunda Bakery
When: Second Monday of each month
(2016 dates: 8 February, 14 March, 11 April, 9 May, 13 June, 11 July, 8 August, 12 September, 10 October and 14 November)
Time: 9:45am – 11:30am

For further information or to register your interest please contact Leanne Villanueva on 0432066830 or Chantal Diener on 0411527385

Looking forward to meeting you,
the DASLD Support Group

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**Simulated UMAT Day 2016**

**Workshop date:** Sunday, 20 March 2016, 9am - 5:30pm
**Venue:** University of South Australia, City West Campus

If any of your students who are in years 10, 11 or 12 and are considering a career in medicine, dentistry, or optometry, they will need to sit a compulsory entry exam known as UMAT (Undergraduate Medicine and Health Sciences Admission Test) before they can apply for relevant placements in the above fields with universities.

While the Simulated UMAT Day is extremely beneficial for year 12 students, who will be attempting the real UMAT on 27 July 2016, this workshop is also highly recommended to anyone in years 10 - 11 and aiming for a head start in UMAT preparation.

Every year, students from years 10, 11 and 12 mention to us that they wished, they had known about the UMAT NIE workshop before attempting the real UMAT, and also before year 12 commenced. Therefore, we seek your assistance in making students aware about the service we provide. To enable this to occur, please consider placing the following announcement, or similar, in your school newsletter or roll call notes to remind students to prepare.

Students in Years 10, 11 and 12 interested in medicine, dentistry, or optometry will need to sit the compulsory UMAT (examination) when applying for one of the above career choices. On the 20th of March 2016, NIE will be conducting a full day UMAT preparation workshop. Places are strictly limited. All details are available via www.nie.edu.au

The workshop includes an overview of the entire UMAT process - exam, scores, standardising, applications, university requirements, interviews, past experiences, professional advice, performance expectations, and more. Each student is individually assessed and fine-tuned for peak performance. Strategic problem solving and tuition in each UMAT construct, and of course medical interviews (MMI and structured panel). The workshop will be conducted by two highly experienced and expert lecturers who will define and explain each UMAT construct. A full practice test conducted under exam conditions, followed by marking and feedback session. This intense full day preparation workshop allows students to identify and explore their true strengths and weaknesses in relation to UMAT-readiness.

Cost: $289 (food and refreshments will be provided)

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**Kapunda Football Club**

**Under 17 training will commence on**
**Thursday, 25 February at 5:00pm.**

Your coach, Brodie Cox, would like to see as many of you as possible out on the track that night.
A pizza tea will follow training.

**Under 15 training will commence on**
**Tuesday, 1 March at 5:00pm.**

Dave Cobbledick is coaching this year and would like to see you all there. A pizza tea will also follow training.